



*Costa Brava &*

*Girona Pyrenees*

NATURE, GASTRONOMY & CULTURE IN A UNIQUE MICE MEDITERRANEAN DESTINATION



Costa Brava Girona  
Convention Bureau







*Where the Pyrenees meet the mediterranean sea.*

SEA & MOUNTAIN IN LESS THAN AN HOUR



# *Easy* access



**32 European flight connections** from Girona Costa Brava Airport (12 kms)



**High speed railway stations in Girona and Figueres**

Girona - Barcelona - 38'

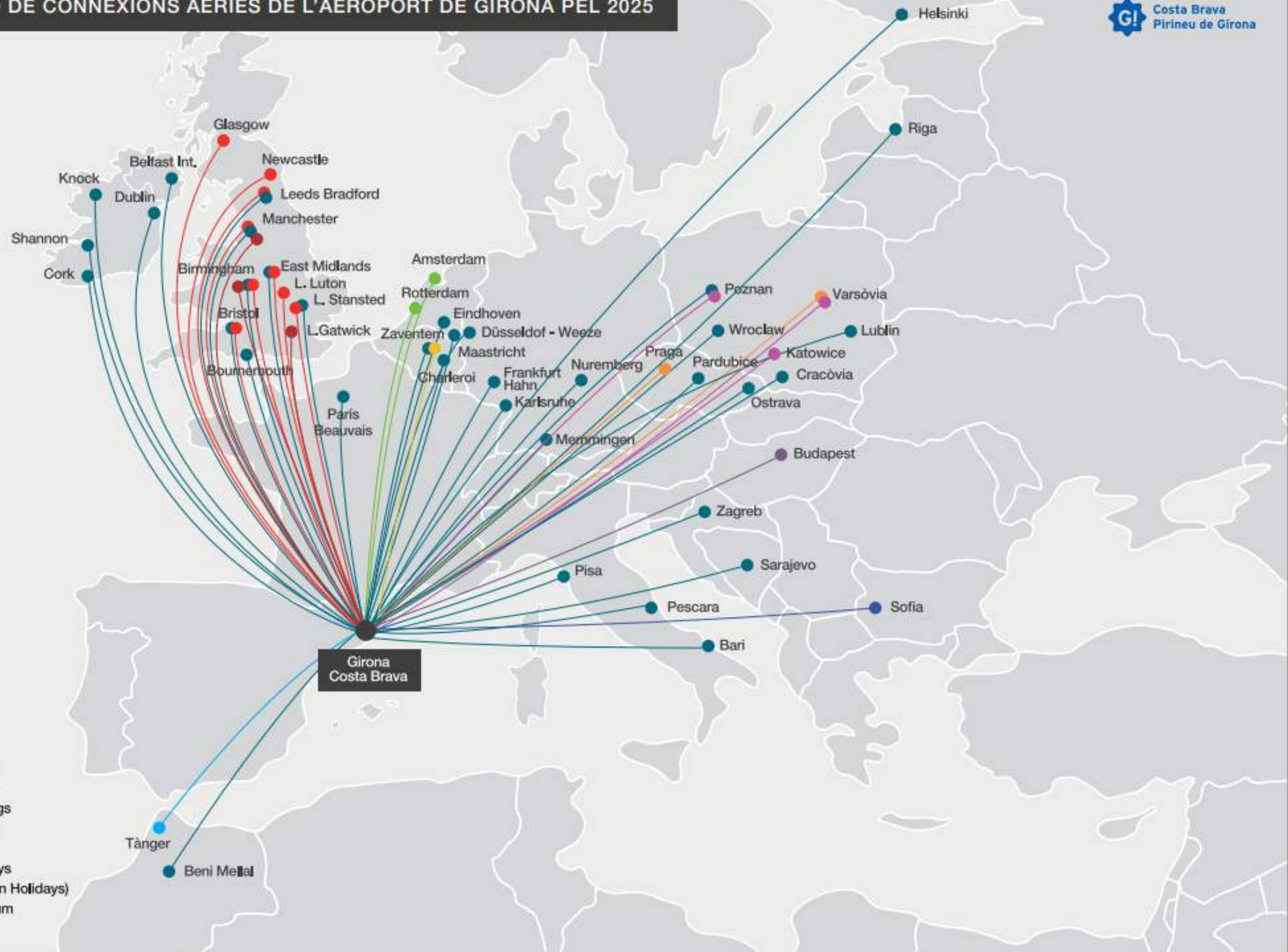
Girona - Madrid - 3 hours and 24'

Girona - Paris - 5 hours and 44'



# PREVISIÓ DE CONNEXIONS AÈRIES DE L'AEROPORT DE GIRONA PEL 2025

- Ryanair
- Jet2.com
- Transavia
- Smartwings
- Air Arabia
- Wizzair
- TUI Airways
- BH (Balkan Holidays)
- TUI Belgium
- Enter Air





# *Land of contrast*

8 NATURAL PARKS

33% OF THE TERRITORY PROTECTED

220KMS OF COASTLINE



# *Gastronomy*

16 MICHELIN STARS IN 13 RESTAURANTS





# Wine Tourism

DO EMPORDA WINE ROUTE WITH MORE THAN 30 WINE CELLERS





# *Brugarol* winery





# *Peralada winery*





# Girona

OUR COLOURFUL CAPITAL & EUROPEAN CYCLING MECCA







# Mediterranean heritage.

IBERIAN, GREEK, ROMAN, ROMANESQUE





# Charming *seaside villages.*





# Medieval *towns.*



A large white egg is balanced on a stack of cigars. The background shows a coastal landscape with a blue sea, green hills, and a clear sky. The text "Dali's surrealism triangle" is overlaid on the right side of the image.

*Dali's*  
surrealism  
triangle



# 13 golf resorts





# *Unique venues.*

HISTORICAL & MONUMENTAL VENUES, CASTLES, GARDENS,  
FARMHOUSES AND VILLAS





# *Convent* de Blanes





# *Zel* Costa Brava





# *Finca* Mas Batlle





# *Mas Marroch*





# *Alabriga's Sea Club*





# *Les Cols*





# *Peralada Castle*



# *Sant Salvi's Monastery*

 Costa Brava  
Pirineu de Girona



# *La Farinera* de St Lluís





# *Hostal La Gavina*





# *St Pere de Galligant's* Monastery







# *Santa Clotilde* Gardens





# *Hotel Santa Marta* Beach Club





# *Mas Terrats* farmhouse





# *University of Girona*







# Conference centres.

6 COMPACT & CHARMING LOCATIONS WITH CONGRESSES VENUES, HOTELS  
AND ATTRACTIONS  
FROM 2 TO 1.888 DELEGATES







EN

Costa Brava Girona  
Convention Bureau

# Genuine Corporate Experience

*A world of  
experiences  
and emotions*



Costa Brava  
Pirineu de Girona



DISCOVER

CHALLENGE

TASTE

CSR

*Experiences that stand out  
for their connection with  
the landscape, culture,  
gastronomy, history and  
social responsibility.*









Corporate Social Responsibility (CSR)

## Dive into nature!

Removing invasive exotic plants from the Ter river by kayak

### KAYAK DEL TER

34 hours  
 May - June and September - October  
 Min. 20 / Max. 40  
 Starting from €2,000

This activity combines heading down the Ter river while removing invasive exotic plants such as Ludwigia palustris. An experience in nature and for nature to reduce the impact of these alien species at the same time kayaking down the river. This campaign adheres to the European Charter for Sustainable Tourism. It is essential to be able to swim.

**Organizations that receive the social benefit of this activity:**  
 Generalitat de Catalunya  
 Parc Natural del Montseny del Baix Maestrat

**To which SDGs does it contribute:**  
 13 Climate Action  
 15 Life on Land



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## Help small land stewardship producers

### EMYS FOUNDATION

10 hours  
 Spring (April-May) and Autumn (October-November)  
 Min. 20 / Max. 40  
 Starting from €3,000

The Emys Foundation has signed a dozen land stewardship agreements with local organic crop and livestock farmers. Our goal is to work with them to implement ecological farming and livestock practices and high environmental standards that contribute to sustaining high levels of biodiversity, which is their job, compensation. The organization has been working for many years with a programme to foster land stewardship. However, many small farmers who want to apply ecological and MSW practices have not the resources available to make the necessary investments and changes on their properties. We aim to support the Emys Foundation's land stewardship producers to that they can adopt their properties and carry out possible actions to promote ecological farming and biodiversity.

**Organizations that receive the social benefit of this activity:**  
 Fundació Emys  
 Fundació ASTRES

**To which SDGs does it contribute:**  
 13 Climate Action  
 15 Life on Land  
 17 Partnerships for Development



## Sand traps: Restoring the dune system in the bay of L'Estartit-Pals

### RECREATIVE EXPERIENCES

3-8 hours  
 November  
 Min. 10 / Max. 30  
 Starting from €5,000

Project to restore the dune ridge in the bay of L'Estartit-Pals to recover a protected natural area in favor of endemic species. The aim is to restore the ecosystem functionality following the loss of sand outside the beach in-dune system and, by doing so, protect the natural beaches as a fundamental asset of the bay (by - Maresme) and the bay.

Together with the natural park rangers, this activity mainly involves creating sand traps that must be placed in different zones of the dune ridge. Participants dig 75cm deep trenches in 2-meter sections, hammer in being stakes and attach the same fencing to the structure before filling in the gap of the trench. Thanks to these structures, during storms, sand is blown into the traps, but cannot drift out again, thereby establishing the dune system.

**Organizations that receive the social benefit of this activity:**  
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# Unique *accommodation*

79.620 HOTEL ROOMS

ACCOMODATION FOR ANY SIZE, BUDGET & TASTE



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# Costa Brava Girona Convention Bureau

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